

Downtown Denver Expeditionary School

Physical Examination

(To be completed by a Non-Related Physician)

2017-2018

STUDENT NAME _____

CREW: _____

DATE _____

To the Examining Physician:

Downtown Denver Expeditionary School conducts year-round wilderness and urban trips, which may be physically and mentally demanding. Students may sleep in tents or under improvised shelters. We provide suitable equipment and ample meals, and we try to meet special dietary requirements. Strenuous physical activity may include: walking on uneven terrain; carrying 45lb packs (for older students); immersion in cold water; adjusting quickly to altitudes of up to 14,000 ft.; high altitude hiking or running. Downtown Denver Expeditionary School is dedicated to ensuring thorough and comprehensive medical evaluation and screening for all students. As the student's primary health care provider, you know your patient best and you are in the best position to evaluate and advise the student on medical issues; your input is vital. Our goal is to provide this student with a rewarding and safe experience! Thank you for your help.

History and Summary of Active Medical Problems, Restrictions, and Allergies:

Height _____ Weight: _____ lbs. Blood Pressure: _____ / _____

Pulse Rate: _____ Irregularities? Yes ___ No ___

(Please check and describe)

	Normal	Describe if abnormal
Eyes		
Ears		
Nose		
Throat & Mouth		
Neck		
Thyroid		
Thorax & Lungs		
Heart		
Heart murmur (if present)		
Peripheral Vessels		
Abdomen		
Hernia		
Genitals		
Back		
CNS		
Lymph Nodes		
Skin		
Extremities		
Shoulder		
Knees		
Ankles		
Feet		
Other		

Conclusion

On the basis of my past knowledge, the applicant's medical history and the present physical examination of this applicant, I feel this individual can participate in any DDES School program? ___ Yes ___ No

Name of examining physician (please print): _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____

Physician's Signature

Date of Exam

Downtown Denver Expeditionary School
1860 Lincoln St. Denver, CO. 80203

FAMILIES -PLEASE NOTIFY DOWNTOWN DENVER EXPEDITIONARY SCHOOL IF ANY INFORMATION CHANGES DURING THE SCHOOL YEAR